

Ice Breakers 10th Grade Advisement Activity Estimated time: Varies with each activity

Georgia's Teachers-As-Advisors Framework:

Goal 9-3.2 Develop positive, highly-developed interpersonal skills

a. Demonstrate effective communications skills

Competencies:

b. Recognize the benefits of interacting with others in a way that is honest, fair, helpful and respectful

d. Demonstrate ways to respect and work cooperatively and collaboratively with others.

Objectives: Students will begin to feel comfortable as a member of this advisement group; and learn about each other

Materials: will vary with the activity

Activities: Choose two of three of these activities during the first 3-5 session to help students become acquainted and comfortable working in this small advisement group. You may want to use these periodically when appropriate or needed.

A. **NAMES AND ADJECTIVES:** Ask each student to take a few moments to think of an adjective that starts with the same first letter as their first name (e.g. "Merry Marilee"). Start by modeling it yourself. Then move around the group asking each person to state their name/adjective combination. Additionally, participants can be asked to share "what their favorite subject is", "what's their favorite TV show", "who is their favorite cartoon character", which animal most identify with", etc.

B. **THE NAPKIN GAME:** Ask participants to form groups of equal size (3-4 members). Give each group a napkin and explain to them that their task is to fold their napkin as small as possible, but still large enough for each small group member to place a toe on the napkin.

C. **BALL TOSS/GROUP JUGGLE:** Do this only after students have had an opportunity to learn each other's name. Have 3 tennis balls handy. Students form a group circle (standing). Advisor tosses 1 ball to someone in the group whose name they know saying their name and then the other person's name (e.g. Sandy to John). John (person who receives the ball tosses ball to someone whose name he knows (e.g. John to Phil). Phil tosses to someone whose name he knows and so on, saying both names all the way around the circle.

THEN, advisor starts again and tosses the balls to the same person (Sandy to John to Phil, etc.) only this time with 2 balls in succession (not at the same time saying both names, both times. Balls get tossed to the same people they were originally tossed to; first one ball, then the next, all the way around the circle stopping when they get back to the facilitator.

THEN, advisor starts again only with all three balls this time. Saying names each time, all three balls get tossed, in succession, in the same order until they get back to the facilitator.

By the time there are three balls going, it gets pretty chaotic and fun. By now all names have been said so many times everyone should have a pretty good idea of who's who and they are pretty warmed up and ready to go. If someone drops a ball, simply give them a chance to chase it down and just pick up where you left off—no need to start again.

D. SENTENCE COMPLETION: Students should form a circle with their desk and complete one of these sentences:

- Once upon a time, I...
- My ideal vacation is ...
- The riskiest thing I ever did was ...
- The funniest thing I ever did was...

E. HA! This exercise asks the participants to pass the word “ha” around a circle. The advisor first asks the group members to form a circular seating arrangement. When the participants are seated, the group leader explains that the object of this is for the participants, WITHOUT LAUGHING, to pass the word “ha” around the circle. The advisor then designates one participant to be the head of the circle. That participant begins the game by saying “ha”. The person sitting to his or her right must repeat the “ha” and then say another “ha”. The third person must say ha, ha and then give an additional “ha”. In this manner the “ha” continues around the circle. The game ends when all of the participants, trying not to laugh, have repeated the “ha’s” that preceded them and then, added their own “ha”.

Dismiss the advisement OR Continue with another planned activity, if time allows.