

**Icebreaker/Jellybeans**  
**8<sup>th</sup> Grade Advisement Activity**  
**Estimated time: 20-30 Minutes**

**Georgia's Teachers-As-Advisors Framework****Goal: 8-2.2 Competencies:**

**Objectives:** Students will explain the concept of categorizing personality traits with relation to career fields.

**Materials:** Jelly beans in the following colors or pieces of white or black, green, yellow, red or pink and violet or purple construction paper

**Activity:**

1. *Say:* Welcome to advisement. Today we are going to talk about personality and how our personality can impact our career choices. I am going to pass around this bag of jelly beans (or construction paper to represent jelly beans) and I would like for each of you to take one. You can choose the jelly bean based on the color or the taste but select only one and **DON'T EAT IT!**
2. After everyone has a jelly bean, share the following: *Saying:* Listen to each description based on the jellybean color you chose. (If it will not create too much confusion, students with that color can stand)
  - a. White or Black Jelly bean
    - Highly structured and organized
    - Neat surroundings
    - If given an assignment such as a paper or report, wants to know how many pages, exact requirements, number of entries, etc.
    - Always wants to know the rules
    - Memorizes things well
    - Can't stand unorganized, sloppy people
    - Deliberates before making decisions
    - Sometimes appears to others to be aloof or stand-offish (this is often just a perception and not a reality)
  - b. Green Jelly bean
    - Love recognition
    - Seen as a leader, usually in highly visible positions
    - Respects authority and tradition
    - Decisive, directive and focused
    - Love black and white jellybean people to organize their projects for them and then they take all the credit
  - c. Yellow Jelly bean
    - Not usually outspoken
    - Always in a state of change, whether they are 8 or 80
    - Usually smart and if innovative, often artistic
    - Sometimes confused in making decisions, not sure where they are supposed to be
    - Hard workers. Exciting to be with-will try anything as long as it is safe
    - Spiritual aspects usually important to them
    - Look at things with perspective and respect other people's opinions
  - d. Red or Pink Jelly bean
    - Courageous and their energy seems boundless
    - Smile much of the time

- See someone not smiling, they'll ask what the problem is
- Genuinely care about people and become involved in other's problems
- Highly influenced by others, share their sadness or grief
- Make their decisions with feelings, act on impulse of the heart
- Spends a great deal of time on the phone, usually listening to others
- Quality communicators
- Sensitive, enthusiastic friends

e. Violet Jelly bean

- Flirty
- Highly creative and highly excitable
- Have new ideas and visionaries
- Short attention span-can't stay put for long periods of time
- Disorganized, often choosing to close doors rather than deal with the organization
- Put things off and thrives on chaos, enjoy the challenges of different problems
- Has a problem dealing with highly structured time
- Questioning-when given an assignment, asks why it must be done a certain way, want to do it differently
- Sets high standards for themselves and those who work for them-hard to work for

6. *Say:* The jelly bean color you have chosen MAY tell us something about your personality.

*Ask:* Raise your hand if you think the color description of the jellybean "fits" you. (This is statistically about 70% valid. About 3/4 of the group should raise their hands.)

7. *Ask:* How might your personality impact your career choices? Let's take a few minutes to discuss. *Allow for discussion. Answers might be:* *doesn't need a job that one does the same thing over and over again; likes a job that allows for creativity and new ideas; needs a job with lots of communication; doesn't need a job that is confining; needs a job that deals with people (optional: You might ask to give examples of occupations)*

8. *Dismiss: Say:* No one is just one color but one color is usually dominant. All of us have some of the various traits associated with other colors. This is important to realize when dealing with other people. We should be able to see things from the other person's perspective. I hope you learned something about yourself and perhaps about your neighbor. Drop your jelly bean in the trash can as you leave. Have a great day. See you next time and if any of you are having any issues or problems, please come by to see me before school or after school. I am here to assist you.